

BUY IT FRESH

Prices effective January 4 – January 10

MEAT

Harris Ranch fresh USDA Choice all-natural, source-verified Angus beef

Ground beef 84% lean, 16% fat **\$4.49lb**

Ground fresh daily at each location

SEAFOOD

Wild & previously frozen

Copper River coho salmon fillets **\$13.99lb**

FLORAL

Freesia 10-stem bunch

2/\$15

All floral items while supplies last

CHEESE

L Portland Creamery

Chèvre 4oz, assorted flavors **\$8.49ea**

SERVICE DELI

L Zupan's fresh-made

Winter quinoa salad **\$8.99lb**

GOURMET BAKERY

L Sarah's Cookies

Pumpkin chocolate chip cookie **\$2.50ea**

CAFFÈ UMBRIA

L **50¢ OFF** any size latte

Prices effective December 28 – January 10

MEAT

Harris Ranch fresh USDA Choice all-natural, source-verified Angus beef

Boneless New York steaks **\$14.99lb**

Boneless hanging tender steaks **\$5.99lb**

Harris Ranch fresh USDA Prime all-natural, source-verified Angus beef

Boneless chuck steak or roast **\$6.99lb**

Boneless top sirloin steak **\$7.99lb**

Shepherd's Pride fresh USDA Choice all-natural, American grain-fed lamb

Seasoned patties and sliders **\$7.99lb**

L Carlton Farms fresh, all-natural pork

Boneless center cut loin chops **\$2.99lb**

Boneless shoulder roast **\$2.99lb**

L Zupan's fresh-made, all-natural

Pork dinner sausage **\$4.99lb**
assorted variety

L Draper Valley NW-grown fresh, all-natural, free-range, non-GMO, veg-fed poultry

Bone-in split fryer breasts **\$3.49lb**

Fryer wings **\$2.49lb**

L Draper Valley NW-grown, organic, air-chilled, free-range, non-GMO, veg-fed poultry

Boneless skinless fryer breasts **\$7.99lb**

Smart Chicken all-natural, fresh, grain-fed, air-chilled

Bone-in fryer thighs **\$3.49lb**

SEAFOOD

Wild & previously frozen

Alaskan halibut fillets **\$24.99lb**

Wild & previously frozen

North Atlantic jumbo cooked salad shrimp **\$13.99lb**

SERVICE DELI

L Zupan's fresh-made

Beet & red pepper salad **\$6.99lb**

Stuffed potatoes **\$3.49ea**

Create-your-own salad bar **\$7.99lb**

Marinara sauce **\$4.99lb**

GOURMET BAKERY

L Marsee Baking Co.

Guinness stout cake 7" **\$29ea**

L Bluebird Bakers

Wheat-free cookie packs **\$8.50ea**

L Papa Haydn

Lemon tart 3" **\$6.50ea**

L Portland Style Cheesecake & Desserts

Cheesecakes 8", assorted variety **\$28ea**

L = Local item

what's on

\$

BEER

L Laurelwood 6/12oz bottles	\$8.78 +dep
Stella Artois 6/11.2oz bottles	\$9.38 +dep
L Ninkasi 6/12oz bottles, select varieties	\$8.78 +dep
L Elysian 22oz bottles, select varieties	\$4.18 +dep
L Widmer 6/12oz bottles	\$8.35 +dep
L Deschutes 6/12oz bottles, select varieties	\$8.78 +dep
Lagunitas 6/12oz bottles, select varieties	\$9.25 +dep
L Hopworks 4/16oz cans	\$9.98 +dep
L Full Sail 6/12oz bottles	\$8.35 +dep

ARTISAN CHEESE

Melkbus 39	
Lavender gouda	\$19.99lb
Sierra Nevada Cheese Company	
Bella Capra 6oz	\$7.50ea
L Face Rock Creamery	
Monterey jack 10oz	\$13.99ea
L Beecher's	
Crackers 5oz	\$3.99ea

PRODUCE

L OrganicGirl	
Romaine hearts 3pk	\$3.99ea
Salad Love dressings 8oz	\$6.99ea

PACKAGE DELI

L Alpenrose	
Cottage cheese 16oz	\$1.79ea
L Tillamook	
Yogurt 6oz	69¢ea
Sour cream 16oz, original or light	\$1.99ea
Oscar Mayer	
Center cut sliced bacon 12oz	\$5.99ea

OTHER GREAT THINGS

Odwalla juice, smoothies or protein drinks 15.2oz	\$1.99ea
Gut Shots 16oz	\$5.98ea
L Tim's or Hawaiian potato chips 16oz	\$3.99ea
OXiGEN water 20oz	3/\$5
Evian spring water 1L	\$1.98ea
Coco Libre coconut water 1L	\$3.88ea
Honest Kids juice 8/6.75oz	\$4.48ea
Cheribundi cherry juice 32oz	\$6.98ea
Dr. Praeger's vegetarian burgers 10oz	\$3.88ea
Mary's Gone Crackers gluten-free crackers 6.5oz	\$4.38ea
Annie Chun's noodle or soup bowls 5.3-8.7oz	\$2.35ea
Stacy's pita crisps 6.75oz	\$2.45ea
Quinn microwave popcorn 7oz	\$3.98ea
Popchips 3.5oz, select varieties	\$2.15ea
L Bob's Red Mill	
natural almond flour 16oz	\$9.98ea
gluten-free flaxseed or flaxseed meal 16oz	\$2.78ea
Ancient Harvest quinoa pasta 8oz	\$2.58ea
Alexia frozen potatoes 16oz	\$3.48ea
Traditional Medicinals tea bags 16ct	\$3.98ea
L Stahlbush frozen vegetables 10oz, select varieties	\$1.95ea
McCann's Irish oatmeal 28oz	\$8.28ea
Texas Tamale frozen tamales 18oz	\$8.18ea
Frontera Mexican seasoning pouches 8oz	\$2.08ea
Peace cereal 10-11oz	\$3.28ea
TaDah falafel wraps 7.5oz	\$3.15ea
Kellogg's Special K cereal 11.2-12.4oz, select varieties	\$3.98ea
Table5 pizza 12.5oz	\$5.98ea
Martinelli's sparkling cider 25.4oz	\$2.78ea
Nabisco snack crackers 6.5-9.1oz	2/\$7
Stubb's barbecue sauce 18oz	\$2.98ea
L Dave's Killer organic breads 20.5oz	\$3.99ea

L = Local item

You can also find out **WHAT'S ON SALE** every day at Zupans.com!