

BUY IT FRESH

Prices effective November 29 – December 5

MEAT

- L** Carlton Farms fresh, all-natural pork
Tenderloin kabobs **\$7.99lb**

SEAFOOD

- Fresh
Red rock cod fillets **\$13.99lb**

FLORAL

- L** Holiday tulips 5-stem bunch **2/\$10**
All floral items while supplies last

CHEESE

- Ossau Iraty **\$18.99lb**

SERVICE DELI

- L** Zupan's fresh-made
Glazed yams **\$6.49lb**

GOURMET BAKERY

- L** Pearl Bakery
Cheese danish **\$3ea**

CAFFÈ UMBRIA

- L** 50¢ off any size mocha

Prices effective November 29 – December 12

MEAT

Harris Ranch fresh USDA Choice all-natural,
source-verified Angus beef

- T-bone steaks \$12.99lb**
Flat iron steaks \$12.99lb
Bone-in short ribs \$9.99lb
Boneless flank steak \$9.99lb

Shepherd's Pride fresh USDA Choice all-natural,
American grain-fed lamb

- Lamb loin chops \$17.99lb**

- L** Carlton Farms fresh, all-natural pork
Boneless shoulder roast \$4.59lb
Boneless nugget ham \$8.49lb

- L** Zupan's house-made
Pork sausages \$4.99lb

- L** Ranger NW-grown fresh, all-natural,
free-range, air-chilled, non-GMO, veg-fed
Fresh whole fryers \$1.99lb

- Smart Chicken all-natural, fresh,
grain-fed, air-chilled
Boneless skinless fryer breasts \$7.49lb

SEAFOOD

- Fresh & wild
Petrale sole fillets \$12.99lb

- Fresh & wild
Sablefish \$19.99lb

SERVICE DELI

- L** Zupan's fresh-made
Winter quinoa salad \$10.99lb
Alfredo sauce \$6.49lb
Marinara sauce \$5.49lb

- L** Olympia Provisions
**Pork pâté, rilette
or liver mousse 8oz \$10.49ea**

GOURMET BAKERY

- L** Taylor Street Ovens
Assorted cookies 7oz \$2.50ea

- L** St. Honoré Boulangerie
Almond croissant \$3.50ea

- L** Ken's Artisan Bakery
Baguette \$3ea

- L** The Dessert Tray
German chocolate cake 6" \$24ea

L = Local item

what's on

\$

Prices effective November 29 – December 12

BEER

L Crux 6/12oz cans, select varieties	\$10.48 +dep
Modelo Negra 6/12oz bottles	\$8.88 +dep
Trumer Pils 6/12oz bottles	\$8.78 +dep
L Cascadia Ciderworks 4/16oz cans	\$8.98 +dep
L Wild Ride 6/12oz bottles, select varieties	\$7.98 +dep
L Ninkasi 6/12oz bottles, select varieties	\$8.88 +dep
L Pelican 22oz bottles, select varieties	\$3.88 +dep
L Portland Cider Co. 22oz bottles, select varieties	\$4.49 +dep
21st Amendment 6/12oz cans, select varieties	\$8.88 +dep

ARTISAN CHEESE

Délice de Bourgogne	\$18.99lb
Humboldt Fog	\$24.99lb
L Face Rock Creamery Extra aged 2-year cheddar	\$18.99lb
L Effie's Homemade Assorted biscuits 7.2oz	\$6.99ea

PACKAGE DELI

L Tillamook Yogurt 6oz, assorted flavors	89¢ea
L Alpenrose Dairy Eggnog 32oz	\$2.29ea
Daisy Sour cream 16oz, regular or light	\$2.29ea
L Vital Farms Grass-fed butter 8oz, salted or unsalted	\$3.99ea

OTHER GREAT THINGS

L Erin's Popcorn 4.25oz, select varieties	2/\$4
Made•With gourmet flatbreads 11.5-12oz	\$4.28ea
LaLoo's goat milk ice cream 16oz	\$5.48ea
Ocho Candy chocolates 3.52oz	\$3.98ea
Pomi organic chopped or strained tomatoes 26.46oz	\$4.99ea
Way Better chips 5.5oz, assorted flavors	\$2.98ea
Twinings tea 20ct, assorted flavors	\$3.48ea
Tucson Tamales 10-11oz	\$5.98ea
Thrive Culinary algae oil 16.9oz	\$12.48ea
Suja Classic 16oz, assorted flavors	\$4.99ea
Lotus Foods organic rice 15oz, assorted varieties	\$3.99ea
Guittard baking chips 12oz, select varieties	\$4.48ea
Polar flavored seltzer water 1L	98¢ea
Lindt Excellence chocolate bars 3.5oz	\$2.99ea
L Bite Fuel gluten-free protein cookies 3oz	2/\$5
Justin's peanut butter 16oz, classic or honey	\$4.98ea
Essentia alkaline water 6/1L	\$9.99ea
Cento canned tomatoes 28oz, assorted varieties	\$1.99ea
Bantam bagels 7.8oz, assorted flavors	\$5.98ea
L Umpqua ice cream 16oz, assorted flavors	2/\$5
L Flax4Life muffins 14oz	\$5.99ea

L = Local item

You can also find out **WHAT'S ON SALE** every day at Zupans.com!

what's on