Ingredients

THANKSGIVING 2023

Main Dishes

Shelton's Fully Cooked Turkey GLUTEN-FREE

Shelton's Free-Range turkey, sea salt, organic cane sugar, organic natural flavors and less than 2% organic rice hulls.

Turkey Breast, Fully Cooked

Turkey, Water Contains Less than 2% of sea salt, raw cane sugar.

Turkey, Dark Meat Roasted GLUTEN-FREE

Turkey, canola/olive oil blend, salt, pepper

Cornbread & Chorizo Boneless Stuffed Turkey

Turkey, cornbread, pork, chicken broth, onion, carrot, celery, bacon, garlic, egg, salt, aleppo chili, white pepper, sugar, nutmeg, marjoram.

Allergens: Egg, Soy, Wheat

Wild Mushroom Boneless Stuffed Turkey

Turkey, mushrooms, cream, croutons, sunflower oil, bell peppers, salt, white wine vinegar, garlic, spices, citric acid. Allergens: Milk, Wheat

Zupan's Ham

GLUTEN-FREE

Pork, Water, Sugar, Salt, Seasoning, Sodium Phosphate, Curing Salt (salt, sodium nitrite), Sodium Erythorbate, Glaze (cane sugar, brown sugar, gelatin, maltodextrin, paprika, sunflower oil, vanilla extract, honey, silicon dioxide (to prevent caking). Less than 2% water.).

Snake River Farms Kurobuta Ham GLUTEN-FREE

Water, salt, sodium lactate, sugar, dextrose, sodium phosphates, sodium diacetate, sodium erythorbate, sodium nitrite, red pepper, bay, cloves and cassia.

Prepared Foods

Curried Butternut Squash Soup VEGAN, GLUTEN-FREE

Butternut squash, onions, olive oil, kosher salt, granulated garlic, curry powder, ground rosemary, bay leaf, turmeric, curry paste, sumac, fenugreek, coconut milk, lime juice. Allergens: Tree Nuts

Artisan Sage Stuffing VEGETARIAN

Vegetable stock (Water, Vegetable Base [Sauteed Vegetable Puree Mix {Carrots, Onions, Celery}, Salt, Sugar, Maltodextrin, Corn Oil, 2% or less of Yeast Extract, Water, Potato Starch, Xanthan Gum, Natural Flavors, Carrot Juice Concentrate]), Bread Cubes (Enriched Unbleached Wheat Flour, Water, Sugar, Soybean oil, Bakers Yeast, Salt, Dough Conditioner, Crumb Softener, Yellow Onion, Celery, Unsalted butter (milk), liquid whole egg, parsley, rosemary, sage, thyme, black pepper.

Allergens: Egg, Milk, Wheat, Soy

Winter Quinoa Stuffing

Organic quinoa, yams, cranberries, sunflower seeds, pumpkin seeds, parsley, smoked paprika, salt, pepper, apple cider vinegar, brown sugar, canola oil, salt, pepper.

Gluten Free Stuffing

GLUTEN-FREE, VEGETARIAN

Vegetable Stock (Vegetable Base (Onion, Carrot, Celery, Garlic), Salt, Corn Syrup, Corn Starch, Yeast Extract, Corn Oil, Sugar, Tomato Powder, Natural Flavor, Wine), Better Buns (Filtered Water, Potato Starch, Eggs, Tapioca Starch, White Rice Flour, Liquid Egg Whites, Canola Oil, Brown Rice Flour, Sugar, Whey, Modified Tapioca Starch, Potato Flour, Yeast, Salt, Apple Cider Vinegar, Xanthan Gum, Pectin, Guar Gum, Citric Acid, Ascorbic Acid, Olive Oil), Onion, Celery, Liquid Whole Egg (Whole Eggs, Citric Acid), Unsalted Butter (milk), Sage, Salt, Black Pepper. Allergens: Egg, Milk

Holiday Mashed Potatoes GLUTEN-FREE, VEGETARIAN

Potatoes, Sour Cream (Grade A pasteurized cultured cream, [milk], Whey, Modified Food Starch, Sodium Phosphate, Guar Gum, Carrageenan and Carob Bean Gum), Whole Milk, Unsalted Butter (pasteurized milk), Salt, Black Pepper. Allergens: Milk

French Green Beans with Wild Mushrooms

GLUTEN-FREE, VEGETARIAN Green Beans, Pearl Onions, Wild mushrooms*, Grade AA Butter (pasteurized cream, lactic acid), Roasted Garlic (garlic, citric acid), Parsley, Basil, Oregano, Chives, Onion Salt, Garlic Salt, Black Pepper. Allergens: Milk

*Wild mushroom: not an inspected product

Roasted Brussels Sprouts with Pancetta GLUTEN-FREE

Brussels sprouts, pancetta (Pork Belly, Sea Salt, Sugar, Spices, Celery Powder.), thyme, garlic, balsamic glaze (Balsamic Vinegar[Wine Vinegar, concentrated grape must, caramel color] glucose syrup, sugar, modified corn starch, xanthan gum), black pepper, salt.

Beet & Arugula Salad

Arugula, beets, red onion, goat cheese, candied walnuts, balsamic dressing. Allergens: Milk, Nuts, Soy

Sauces

Turkey Gravy

Turkey Stock, Chicken Stock, Butter (cream[milk], salt), Modified Cornstarch, Unbleached White Flour, Cultured Dextrose, Onion, Celery, Tomato Paste, Carrots Canola Oil, Garlic, Sea Salt, Poultry Seasoning, Sugar, Black Pepper, Citric Acid, Sage Allergens: Milk, Wheat

Mushroom Gravy VEGAN, GLUTEN-FREE

Mushroom Broth, (mushroom juice, natural flavor, sugar, yeast extract, xanthan gum), vegetable base (carrot, celery, onion, maltodextrin, salt, cornstarch, corn oil, parsnip, turnips, onion powder), Mushrooms, Rice Starch, Sage, Cultured Dextrose, Canola oil, Rice Flour, Black Pepper, Thyme, Rosemary, Citric Acid.

Cranberry Orange Sauce VEGAN, GLUTEN-FREE

Cranberries, Sugar, Water, Orange Juice concentrate, Modified Cornstarch, Cultured Dextrose, Sea Salt, Allspice, Cardamom, Cinnamon.

ZUPAN'S

Ingredients

THANKSGIVING 2023

Rolls

Brioche Dinner Rolls

VEGETARIAN

Wheat Flour, Eggs, Sugar, Butter, Water, Canola Oil, Nonfat Milk, Mono- and diglycerides, Yeast, Salt, Natural flavors, Acerola extract. Allergens: Wheat, Egg, Milk

Take & Bake Dinner Rolls

VEGETARIAN

Flour (unbleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, absorbic acid, alpha amylase, enzyme) water, wheat flour enriched (wheat flour, malted barley, flour, niacin, reduced iron, thiamin mononitrate, riboflavin and folic acid), sea salt, fresh yeast, dough improver (wheat flour, enzymes).

Allergens: Wheat

Made in a facility that uses milk, tree nuts, peanuts and eggs.

Desserts

Blue Raeven Pumpkin Pie

Pumpkin, Evaporated Milk, Sugar, Egg, Enriched White Flour (wheat flour, malted barley flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), Lard, Shortening (Hydrogenated Soybean Oil), Salt, Spices(Pumpkin Pie Spice, Nutmeg, Cinnamon)

Allergens: Wheat, Milk, Egg, Soy

Blue Raeven Pecan Pie

Water, Eggs, Sugar, White Flour, (white flour, malted barley flour, niacin, iron, thiamine, mononitrate, riboflavin, folic acid), Lard, Shortening (Hydrogenated Soybean Oil), Dark Corn Syrup, Butter(milk), Pure Vanilla Extract, Pecans

Allergens: Wheat, Milk, Egg, Tree Nuts, Soy

Blue Raeven Classic Apple Pie

Apples, flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), lard, shortening (hydrogenated soybean oil), sugar, cornstarch, butter (milk), salt, spice Allergens: Wheat, Milk, Soy

Blue Raeven Marionberry Pie

Marionberries, flour (wheat flour, malted barley flour, niacin, iron, thiamin, mononitrate, riboflavin, folic acid), lard, shortening (hydrogenated soybean oil), sugar, cornstarch, butter (milk), salt. Allergens: Wheat, Milk, Soy

Finales Bourbon Pecan Pie

Dark corn syrup, pecans, eggs, brown sugar, unsalted butter, enriched unbleached flour, cream cheese. Contain 2% or less of each of the following: bourbon, vanilla flavoring, low-fat cultured buttermilk, salt, baking powder.

Allergens: Wheat, Egg, Milk, Tree Nuts

GEM Pecan Pie

GLUTEN-FREE

Brown sugar, butter, pecans, eggs, gluten free flour, sugar, water, gluten free oat flour, almond meal, sorghum flour, milk, vanilla, xanthan gum, apple cider vinegar, salt, baking soda. Allergens: Tree nuts, Egg, Milk

GEM Pumpkin Pie VEGAN, GLUTEN-FREE

Pumpkin, coconut milk, brown sugar, gluten free flour (rice flour, potato starch, tapioca flour), water, shortening (palm oil, vegetable mono & diglycerides, polysorbate 60), gluten free oat flour, almond meal, sorghum flour, sugar, cornstarch, coconut oil, spices, vanilla, apple cider vinegar, xanthan gum, salt, baking soda, lemon juice. Allergens: Tree nuts

ZUPAN'S

- MARKETS —

Carnegie Pumpkin Spice Cheesecake

Pasteurized milk and cream, salt, carob bean gum, cheese culture, sugar, pumpkin, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid, pasteurized whole eggs, citric acid, molasses, natural and artificial vanilla flavor, lemon juice, cinnamon, nutmeg, ginger, cloves, allspice. **Made in a facility that contains coconut, peanuts & sesame. Allergens: Milk, Wheat, Egg**